



# NKONG DEVELOPMENT INSIGHTS

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Motto: Transforming Lives and Communities



## LITTORAL: Les Petites Entreprises Favorisent L'autonomie des Femmes à Faible Revenu

Après avoir créé des retombées remarquables dans la région du sud-ouest de Cameroun, la composante des petites entreprises, réputée pour améliorer les moyens de subsistance des femmes chefs de petites entreprises à faible revenu, a sans aucun doute permis d'améliorer les conditions de vie et les marges de profit des femmes de la division du Moun-go. Certaines de ces femmes formées au début de cette année 2019 ont commencé à gagner énormément dans leurs entreprises et sont ravies de partager leurs histoires. *Suite P3*



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## 200 Vulnerable IDPs Supported Via Fako Livelihood Project





# NADEV Improves Skills and Earnings Of Vulnerable Widows Through Livestock Farming in Other Regions



Mami Mazion at her pigsty

**T**he NADEV piggery project, which has over the years transformed the lives of hundreds of vulnerable widows in the South West Region of Cameroon with lots of heart-touching testimonies, has been extended to other regions including Mounjo and Menoua divisions in the Littoral and West regions respectively. Moved by impact stories of other beneficiaries, support has been extended to vulnerable widows in Melong, Souza, and Buea. Testimonies from the field continue to move us to carry on with this project. 44 year-old Mazion Robeline and her five children of Ndongo quarter, Molyko-Buea now feel secured, with the children sure of their educa-

tion thanks to support from the Nkong Livelihood project in March, 2019. "Prior to meeting NADEV, I had financial difficulties to the extent that providing food for my children was a huge burden to me. The situation worsened with the shutting down of schools, which did not permit me to sell groundnut sweet to pupils as I used to do to generate daily bread for my children and I. All of a sudden, I was referred by a friend who happened to run into a NADEV staff during identification of potential beneficiaries. I was visited and asked a series of questions, and was later selected. I was later trained alongside other widows on pig farm management and techniques; received two piglets; a backyard pigsty and feed for six months. "I developed love for the activity, which kept me busy. I realised that I was no longer stressed up financially like before, knowing I have what can quickly fetch me money. I then applied what I was taught during training and started growing my piglets and after seven months, I sold one of my pigs at FCFA 130,000. I used part of the money to pay school fee for 3 of my children at Molyko



Grammar school, and an installment of school fee for my eldest daughter at OIC, who could not go to school last year due to insufficient funds. I have also kept some money, which I look forward to constructing one of the windows of the uncompleted house, my late husband left behind," she testified. Madam Mazion expresses gratitude to NADEV and Partners for giving her a reason to smile again, and pray God blesses them "for looking after poor widows like us".

## "Come-we-stay" Couples Obtain Marriage Certificates

**N**ADEV has in partnership with the Muyuka Sub-Divisional Delegation of Women Empowerment and Family, and Muyuka Council sponsored 28 couples, hitherto cohabiting, to obtain marriage certificates. Prior to tying the knot, these couples sat through a counselling session at Catholic Church hall Mile 16, Buea during which they received lessons on the importance of marriage certificate and strategies of living happily in marriage. They were also drilled on love, understanding and respect for each other in marriage. Presiding over the marriage, the 3rd Deputy Mayor of Muyuka Coun-



Group picture with Stakeholders and couples

cil, Mr. Otto Ebonge, appreciated the couples for taking a bold step, also

reminding them of the responsibility of the Council, which is "to join, and

celebrate with them, and not to separate". On his part, the Civil Status sec-

retary for Muyuka underscored the importance of a marriage certificate, and other civil status registry documents.

This gesture from NADEV and partners was greeted with lots of gratitude and joy by the couples. "We heartily thank NADEV for this support. When we heard about it, we thought it was a joke but it became a reality. Also, it came on time because we had already made arrangements for our traditional marriage this same month but did not have sufficient funds to legalise it. So with this support, we had the opportunity to legalise the marriage," Mr. and Mrs. Tekwa Elvis, one of the couples testified.

# Les Petites Entreprises Favorisent L'autonomie des Femmes à Faible Revenu dans la Région du Littoral

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Avant le soutien de NADEV, elle exploite une ferme qui lui a été confiée par son mari et utilise les produits pour nourrir sa famille. Parfois, elle vend des produits, achète des articles de toilette et utilise le reste pour contribuer à son épargne hebdomadaire obligatoire lors de sa petite réunion de village. En Décembre dernier, elle avait reçu 85 000 FRS à titre d'économies et d'intérêts. Elle a utilisé 35 000 FRS pour acheter des produits alimentaires et des vêtements pour ses cinq enfants à Noël et 50 000 FRS pour créer son entreprise.

Elle a expliqué: «J'ai acheté un champ de manioc avec les 50000 FRS d'où j'ai récolté le manioc, puis je l'ai transformé et vendu sur un marché voisin deux fois par semaine. Chaque jour de marché, j'étais sûr de vendre au moins 10 000 FRS, souvent utilisés pour acheter des produits alimentaires et des cadeaux pour les enfants. Les choses sont devenues beaucoup plus faciles pour moi ».

NADEV est ensuite venu dans cette communauté pour autonomiser les femmes économiquement grâce au développement d'entreprises et au microcrédit. J'ai vu cela comme une occasion d'améliorer les moyens de subsistance de ma famille. J'ai assisté à l'atelier de formation de 3 jours et on m'a accordé un prêt de 50 000 FRS, ce qui a augmenté mon capital à celui que j'avais et a amené mon entreprise à un autre niveau. «Je ne vends plus que sur le marché

local. Je vends maintenant à Douala où le prix est plus élevé pour la même quantité de mon produit. J'ai réalisé 65 000 FRS en ventes la semaine dernière. Je ne me suis jamais vu gagner ce genre d'argent. Je me sens plus forte maintenant parce que je n'ai pas besoin de dépendre totalement de mon mari», explique TondiSylvie, une femme de 34 ans du village de Kake.

Une autre bénéficiaire, EbelleLidienne, a ceci à dire.

«Je suis EbelleLidienne, mère célibataire et j'habite à Souza. Je vends du «Miondo», un manioc fermenté enveloppé dans des feuilles. Je suis séparé de mon mari depuis longtemps et de mes quatre enfants et je vis maintenant chez mes parents. Je ne pouvais pas satisfaire tous leurs besoins de base, car ils ne dépendent que de moi. Je me suis lancé dans cette affaire à très petite échelle, ce qui ne m'a pas permis de répondre aux demandes de ma famille. J'ai entendu parler de NADEV par une amie qui avait déjà été soutenue et elle m'a mis en contact avec eux. J'ai assisté à un atelier de formation de trois jours sur la gestion de petites entreprises. À la fin de la formation, nous avons formé un groupe de 5 personnes et reçu un prêt de 50 000 FRS chacune. J'ai utilisé l'argent pour louer un hectare de champ de manioc. Depuis lors, je récolte du manioc au champ pour produire du «miondo». J'ai réalisé que le coût de production est de loin inférieur à ce qu'il était auparavant. Jusqu'à présent, j'ai pu écono-



Madam Ebelle in the process of making Miondo

miser la somme de 78 000 FRS en cinq mois dans un petit groupe d'épargnants auquel j'appartiens. J'ai l'intention d'utiliser cet argent pour construire ma propre maison sur le terrain que mon père a reçu d'ici fin 2020. Tout cela ne serait jamais possible sans ce soutien. Je prie Dieu de bénir ceux qui se sont souvenus d'une femme souffrante

comme moi ».

Au total, 92 petites entreprises ont été soutenues par NADEV à Souza et à Kake. Néanmoins, tous ne progressent pas. Certains font toujours face à des défis dans leurs activités, mais avec le plan et l'équipe de suivi NADEV, leurs activités sont sécurisées et durables.

## NADEV intensifie son plaidoyer contre la violence faite aux femmes



Demonstration during GBV sensitization in Mukunda Village

L'une des préoccupations de NADEV est son plaidoyer continu en faveur de la problématique hommes-femmes, de la violence basée sur le genre et de ses effets sur la victime,

l'auteur et la société en général. Après avoir atteint 10 communautés à mi-parcours de son plan opérationnel 2019, l'organisation a intensifié ses sensibilisations sur la violence basée sur le genre en atteignant 10 autres communautés dans les localités de Maleke, Nkongpen, Yapaki, Buadibo,

Loum, Melong, Mboukok, Nkong-samba III (02) et Souza à Moun-go et Menoua. Au cours de ces sensibilisations, NADEV crée un environnement convivial dans lequel les participants discutent des

causes et des conséquences de la violence basée sur le genre et partagent leurs expériences. Les principales causes identifiées au cours des sessions comprennent l'incompréhension parmi les couples: chômage (femmes), faible revenu, pauvreté et tradition. Les participants sont également sensibilisés aux premiers secours psycho-sociaux, aux différents prestataires de services et aux différentes amendes imposées aux auteurs en fonction du type de violence, conformément au code pénal Camerounais. Ces sensibilisations ouvrent les yeux et changent la perception des bénéficiaires concernant la violence basée sur le genre et les problèmes liés au genre.

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# NADEV's Board Evaluate Projects

**M**onitoring and Evaluation is an indispensable tool for the sustainable development and growth of every organi-

zation. It's with this understanding that NADEV's Board Chair Mr. Nkegoa Martin, alongside a Board member and two staff took several trips to project sites

to evaluate the activities of this year's Operational Plan and make suggestions for improvement where necessary. This monitoring and evalu-

ation tour took the NADEV team to poultry farms, piggeries and small businesses in Buea, Mukundange, Batoke, Ngwatta, E'fougwo, Santchou, Melong and Souza supported by the organisation. The evaluation visit was also an opportunity for beneficiaries to meet with Board members and to share their joys and difficulties. Speaking shortly after the monitoring and evaluations visits, the Board Chair of NADEV said "beneficiaries are still in their activities and making progress. I really want to appreciate poultry and piggery widows in Batoke, Mukundange and Buea respectively, not forgetting Small Business women in Souza for their commitment to the projects"



Board with a piggery beneficiary at Santchou



Board in a poultry farm at Mukundange village

## CSOs, Journalists Trained to Build Peace amidst Conflict

**I**n a bid to precipitate peace, love, and justice in Cameroon in the face of the arm conflict rocking the two English speaking regions of Cameroon, the Cameroon Community Media Network (CCMN), July 25, 2019, trained some journalists and civil society leaders for a more constructive communication.

In a workshop organised on the theme; "Building Peace in times of crisis", at PCC Synod Office in



Group picture with CSO representative and Journalists

Buea, NADVE with other leaders of CSOs and media practitioners in the

Fako Division were drilled on hate speech, non-violent actions and strategies,

and how to detect fake images on the social media. The workshop also served

as an avenue for participants to group themselves and share views on different thematic areas, including but not limited to "the role of CSOs in peace building". The workshop was an eye opener to CSOs and journalists, as they understood the vital role they are to play in building peace.

The Cameroon Community Media Network is a network of journalists and CSOs.

## Trauma Healing Gives Inmates, Others Renewed Hope

**M**ore and more inmates are becoming confident, strong, relieved and hopeful thanks to the trauma healing workshops of NADEV. So far, three trainings have been organized in the Buea Central Prison with female inmates, Bokoko village with a social group and in Bonduma quarter. At the end of each of the healing sessions, participant appreciated the choice of topics taught and saw it as a new beginning. A female inmate, initially hesitant to be part of the programme, now has a complete idea of how to deal with trauma. "I have never experienced this type of training before. When I first heard about it, I thought it was all about preaching the Bible and did not want to take part. I later went and after the first topic: if God loves us, why do we suffer? I found it interesting. I attended

all sessions and they were very enriching. In the course of some topics, I found myself shedding tears and realised it relieved me of my pains. At the end of the training, I felt strong and confident. The training has educated me on what I should do if I am faced with any traumatic situation in future. To be candid, this is the best training I have ever attended since I got in the prison," she expounded.



Group Picture after trauma healing session at Bonduma



# 200 Vulnerable IDPs Supported Via Fako Livelihood Project



NADEV signing MoU with UNDP & the Japanese Embassy



Vocational skills training with IDPs in Mutengene

Up to 200 Internally Displaced Persons (IDPs) in Limbola, Mukundange, Kie, Mutengene, Mudeka, Sandpit and Bonduma within the Limbe II, Tiko, and Buea municipalities have received farm inputs and financial support that will culminate in improving on their livelihoods. Carried out within the framework of the Livelihood Support Project for Internally Displaced Persons

and Host Communities in Fako Division of the South West, this gesture is the fruit of NADEV's partnership with the UNDP and The Japanese Embassy, which seeks to assist vulnerable people in the society. Aimed at supporting 200 IDPs and vulnerable persons (including those with disabilities) to start up or rehabilitate their basic livelihood activities disrupted and or destroyed by the Anglophone

crisis, beneficiaries were also trained on vocational skills and small business management. The project has been highly appreciated by the beneficiaries. "I am very grateful for this kind gesture. This support came on time because with my little income, I could not effectively feed my family, especially with five additional people. It was a huge burden to me. I decided to plant maize in my one hectare farm and these

farm inputs (spraying can, cutlass and spraying chemical) will ease my work, cause my crops to grow well, and eventually a good harvest which with my income, will enable me feed the entire family" said Madam Nicoline Mbeng of Sand pit Buea. NADEV has a mapped-out strategy to follow up and ensure that beneficiaries are still in business and are meeting up with basic needs.

## NADEV Exploratory Visit to Lebialelem

In relation to the sociopolitical situation in South West and North West regions and in particular Lebialelem, NADEV has profiled Internal Displaced Persons (IDPs) and the local inhabitants (host families) in Lebialelem for humanitarian actions to alleviate suffering. This was achieved through a field visit by NADEV to find out new settlement pattern for displaced persons, mode of life of both the displaced and host communities particularly in relation to health, nutrition, accessibility to those areas and security situation on the ground. The eight days visit saw effective communi-



NADEV staff(second to the left) with some medical staff of Mary Health of Africa Hospital Fontem

ty visit for five days since all was done by foot. The outcomes of the survey were inaccessible roads with people using only foot path. Less population concentration with many inhabitants relocated to Santchou, Dschang, Melong and other

neighboring villages and majority living in the bushes. Farm produce have lost value in terms of prices and high prices for manufactured goods (soap, kerosene, maggi, rice) that gets to the villages. As concern health, inhabitants cannot access qual-

ity health care services due to little or no drugs and very few health personnel's present. For this reasons most of them have resorted to traditional herbs. The report was equally shared with the UN-system and other development organizations.

## Core Humanitarian Intervention Principles

Humanitarian intervention principles are principles that provide the foundations for humanitarian action. They are central to establishing and maintaining access to affected people, whether in a natural disaster or a complex emergency, such as armed conflict. These principles include;

- Humanity: Human suffering must be addressed wherever it is found. The purpose of humanitarian action is to protect life and health, and ensure respect for human beings.
- Neutrality: Humanitarian actors must not take sides in hostilities or engage in controversies of a political, racial, religious or ideological nature.
- Impartiality: Humanitarian action must be carried out on the basis of need alone, giving priority to the most urgent cases of distress and making no distinctions on the basis of nationality, race, gender, religious belief, class or political opinions.
- Independence: Humanitarian action must be autonomous from the political, economic, military or other objectives that any actor may hold with regard to areas where humanitarian action is being implemented.



# NADEV Staff Imparted Impact Reporting, Storytelling Skills

**N**ADEV Staff have acquired fresh skills that will enable them produce quality impact reports, stories, and pictures that will enhance the visibility of the organization. This was during a workshop on impact reporting/communication and basics of photography that took place at NADEV's Conference Hall, July 24 & 25, 2019.

Besides the technical skills imparted, staff were made to understand that good impact reporting and storytelling are essential components of impact measurement, accountability and transparency, and remain the live wire of any organization. The resource person also underscored the indispensability of reporting to the success of any organisation. "Much work and impact without reporting/communication is equal to no amount of work done or impact made," he stated.



Staff during training

At the end of the training, participants admitted that the workshop was very educative and timely. "I realized that what I was doing before was different from what was expected of me. I learnt that a good impact report is a spoken

or written account of an observed, heard, done, or investigated tangible or intangible effects of the action or influence of the organization on its target population, and that impact is a long term result from an activity that was carried

out," Madam Kinde Emelda, one of the participants said.

Just like other participants, she disclosed that the training gave her a much better understanding on how to use the "4Ws and H question" in developing an impact story, and the need to always use story-telling pictures and a diction that gives a clear image of what transpired. "There was also the aspect of taking good photo; I never took into consideration light, action and connection when taking pictures, which often affected the quality of my pictures but with this training and I am sure to get better pictures in the future. In fact, I can confidently say, after the training, I can report an activity, take good photo that tells a story," she added.

Staff, who attended the workshop, expressed gratitude to NADEV's Coordinator for instigating such a "timely training".

## Poultry Farming, Source of Hope to Widows in Fako Division

**B**atoke-based 55-year-old widow, Mary Okubo, who has been a widow for 10 years, can now take care of her medical treatment and her mother thanks to proceeds from the poultry farm she established with support from NADEV and partners.

She says life was a nightmare prior to the support. "Life has been very difficult for me since my husband died. I fell and sustained a fracture on my right leg 8 years ago and could not afford medical care. So, I had to endure the pain while raising my children, siblings and sick mother. Two years ago, the pain became too severe that I could not do anything, so, my younger sister started a palm oil business to cater for us but things were still very hard for us," she narrated.

"One day, information went round the village for widows to meet in the community hall for support from an organisation. I managed to go expecting to receive foodstuff but the promise seemed good and unrealistic to me. So, I reluctantly registered. To my greatest surprise I was selected amongst others, and have benefitted in the 2 phases, which entails 100 chicks (03 weeks old), 400kg of feed and treatment. It looked like a dream but it was true. At the end of the first phase, I sold all the chicks and realized FCFA 140,000. I used part of the money to start a small business; "selling water fufu" and soaked cow skin commonly called "canda". I also received the second supply and sold the birds for FCFA 155,000, which enabled me to cater for my mother and myself," she explained.

Madam Okubo testified that with proceeds from her poultry farm, she has received treatments, which has relieved her of pains such that she no

longer uses crutches again. "My small business has also increased from 2 bags of "water fufu" to 4 and more cow skins," she added, also thanking "NADEV and everyone, who made any little contribution in helping me. I will never stop this activity because I know what I stand to benefit".

Also, a Buea-based mother of three, Mendouga Jacquelin, who lost her husband last year due to the Anglophone crisis and has been depending on the benevolence of her late husband's friends, was introduced to NADEV, who supported her to set up and run a poultry farm. With proceeds from the poultry farm, she is now able to singlehandedly send her children to school this year, as well as provide other basic needs.

"I have received support twice. In the first phase, I received 50 chicks of 21 days, 200kg feed and free treatment, and the same for the second phase. At the end of the first sale, I realized FCFA 157,000, which I used to increase my business and saved part for my children's education. This year, I have paid complete tuition for my 14 year-old son and completed all school requirements for the other 2. I have started selling the birds for the second phase and I know the future of my children is guaranteed. I promise to continue with this activity for a very long time," Madam Mendouga expounded. On her part, Fossong Helen of Ombe New layout, who was supported last year has installed ceiling in the basement of her house after selling her pigs at FCFA 210,000. She has invested part of her proceeds in poultry farming, due to the outbreak of the African swine fever. She intends to also use part of the money to buy doors for the house as she looks forward to relocating into it.



mami Mary showcasing her new business which derived from poultry farming



## “NADEV is Very Supportive”

My name is Ebob Emelda, Project planning and Management student at PAID-WA Buea. I carried out internship at NADEV, and what I realised is that the organization has a great mission to assist vulnerable people especially women and youths in the society. They have stood the test of time over the years and have enabled widows and women support their families through Small Business Initiative and the Livelihood program. The staff are very welcoming and loving. Throughout my stay, they were very supportive and willing to answer all questions and worries channelled to them. I took part in the Fako Livelihood Project and field visits, which was a very enriching experience to me. I also wish to applaud NADEV for giving me the opportunity to take part in field trips. This proves that they are open to let interns learn on the ground and acquire some practical lessons and experiences. It was rather unfortunate that the time was too short for me to digest all that I would have loved to such as conceptualization of a project, fundraising, implementation and closing.”



## “Internship at NADEV Gave Me Practical Knowledge”

My name is Ofon Sheila Kinde, an Accounting and Secretary student at IVTC Buea. I am so happy to be part of this great family, NADEV. During my stay at NADEV, I was given a warm and hospitable reception. The staff were always willing and able to help me whenever I was faced with any challenge. At NADEV, I learnt photocopying of documents, printing, scanning, registering of incoming and outgoing mails, filling, typing and the creation of a new account using the organizational software (QuickBooks). I really learnt a lot because while in school, I had just theoretical knowledge but this internship gave me the opportunity to have a practical knowledge.”



## “NADEV Enhanced my Knowledge in Project Management”

My name is Enanga Sylvien. I am a Project Planning and Management student at PAID-WA Buea. My short stay at NADEV, as an intern, was very impressive. NADEV is striving to make sure her beneficiaries have sustainable livelihood, which is the dream of all development organisations. I observed that the staff are very welcoming, willing to collaborate and ensure interns are satisfied. Through the Fako Livelihood project, I took part in field visits, which enhanced my experience as a project Management student. I wish to thank NADEV for the lessons learnt which I intend to put in practice. To an extent, my objectives were met but I still wish for more experience, which I could have had but for the short internship period.”



## “Field Experience at NADEV was Memorable”

My name is Njie John. I am a Project Planning and Management student at PAID-WA Buea. During my internship at NADEV, I participated in the Fako Livelihood project. I carried out community sensitizations, beneficiary selection and orientation meeting with stakeholders. Also, the assistance from the dynamic and receptive staff eased my field work during my internship at NADEV. On the whole, my field experience was good, interesting, satisfactory and memorable. I now have a better idea if I go to any community to carry out a project. I will like to learn more from NADEV, even after my internship.”

## Picture Gallery



A small business beneficiary at her oil mill



Fako livelihood project; stakeholders meeting in Buea



Group picture with IDPs after trainings in Buea



NADEV CEO acting as a moderator during ACAFEJ round table discussion on women access to land



WFP visit to NADEV



NADEV staff with UN Female Representative to Cameroon during the 2019 Female Humanitarian day celebration at PAID-WA



Networking- NADEV at SWECSON Round table discussion



NADEV intern Supervisor in a working session with Interns from PAID-WA



NADEV celebrating 2019 Rural Women's day with rural women in Tiko



# NADEV'S STRATEGIC PLAN 2016-2020

## Our Identity

*We are a hill Top Organization. We have a special name and position in Cameroon. We have developed and nurtured the ability to adjust in times of crises and become resilient. We have the ability to remain focused in our field of expertise and our credibility as a learning organisation is on the rise.*

## WHO WE ARE

### Our Vision

We want to see communities that are empowered, sustainable and living in harmony

### Our Mission

We are a Cameroonian based Organization dedicated to accompanying communities to become empowered, sustainable and living in harmony

### Our values

- Equity for all
- Accountability and transparency
- Upholding Human Dignity
- Dedication to community
- Our motto: Transforming Lives and Communities

### Goal

To improve the socio-economic status of the rural and urban underprivileged and marginalised population, especially women and youths

### NADEV's Strategic Pillars

- Enterprise Development & Access to Micro Credit
- Sustainable Agriculture and Livelihoods
- Combatting Gender Based Violence
- Social Inclusion & Humanitarian Action
- Strengthening NADEV's Organisational Capacity



### GOAL:

To increase access to Financial Services for members especially the rural and urban poor women and Youth

### RECOGNITION

By Central African Banking Commission (COBAC) Ref. No. D/2-2008/184 of 26/11/2008) By Cameroonian Government (Ministry of Finance), Ref. 'Agreement' No. 00204 of July 2009.

### MEMBERSHIP

For everyone, be you in Buea, Muyuka, Mutengene, Tiko, Limbe in Fako Division; Menji in Lebalem Divisoin or Bonaberi - Douala, Littoral Region.

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